

2011 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

19 Coaches Voted in this weeks poll

Date: August 31, 2011

Class B Girls:

Teams

- 1 Rugby
- 2 Watford City
- 3 Grafton
- 4 Parshall
- 5 Killdeer

Individuals

- 1 Chandra Yankton (Dunseith)
- 2 Robyn Essler (Garrison)
- 3 Tasha Heisler (Velva)
- 4 Alexis Woods (Parshall)
- 5 Ann Endres (Carrington)

- 6 Sydney Kraft (Rugby)
- 7 Kennedy Rude (Langdon)
- 8 Lauren Christenson (Rugby)
- 9 Abigail Waloch (Washburn)
- 10 Regan Watson (Shiloh Christian)

Other teams receiving votes: Velva

Class B Boys:

Teams

- 1 Rugby
- 2 New Town
- 3 Lisbon
- 4 Beulah/Hazen
- 5 Central Cass

Individuals

- 1 Ken Wells (Parshall)
- 2 Donovan Lambert (Shiloh Christian)
- 3 Clyde Baker (New Town)
- 4 Erik Wangler (Rugby)
- 5 Lincoln Larson (North Star)

- 6 Kyle Volk (Rugby)
- 7 Scott Hale (New Town)
- 8 Jacob Gallagher (Lisbon)
- 9 Thomas Horgeshimer (Lisbon)
- 10 Bridger Belzer (North Star)

Other teams receiving votes: Grafton

Class A Girls:

Teams

- 1 Fargo Davies
- 2 Bismarck
- 3 Fargo North
- 4 West Fargo
- 5 Dickinson

Individuals

- 1 Tarin Lachowitz (Fargo Davies)
- 2 Maddie Strandemo (Fargo South)
- 3 Katie Bye (Fargo Davies)
- 4 Brittany Brown Otter (Bismarck)
- 5 Carley Bertsch (Fargo Davies)

- 6 Jordan Jacob (Bismarck Century)
- 7 Alison Allmer (Jamestown)
- 8 Alex Backlund (Shanley/Oak Grove)
- 9 Alicia Fettig (Bismarck Century)
- 10 Alex Zeis (Bismarck)

Other teams receiving votes: Bismarck Century

Class A Boys:

Teams

- 1 Bismarck
- 2 Grand Forks Red River
- 3 Grand Forks Central
- 4 Dickinson
- 5 West Fargo

Individuals

- 1 Jake Leingang (Bismarck)
- 2 Austin Todd (Bismarck)
- 3 Brandon Berg (Bismarck)
- 4 Lane Kasher (Bismarck)
- 5 Brandon Scheel (Fargo Davies)

- 6 Paul Shafer (Grand Forks Central)
- 7 Chris Chamberlin (Williston)
- 8 Vladimir Kutka (Dickinson)
- 9 Matt Tingum (Grand Forks Red River)
- 10 Tanner Piper (Grand Forks Red River)

Other teams receiving votes: Fargo Davies